



Name:	DOB:	Actual Age:
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HealthWatch EPSDT 5-6 MONTHS

INTAKE & VITAL SIGNS					
Height:	Weight:	H.C.:	Temp.:	Pulse:	Resp.:
Allergies:			Growth Charts Completed: []		

INTERVAL HISTORY		Breastfeed or Bottle	Sleep position:
Diet:	Has WIC: Yes / No	Stools:	Meds/Vits:
Illnesses:		Physical activity:	
Accidents:		Exposure to tobacco smoke:	TB Risk: Yes / No

GROWTH-DEVELOPMENT:			
[]	No head lag when pulled to sitting	[]	Rolls both ways
[]	Reaches for objects	[]	Sits briefly alone
[]	Bears weight on legs	[]	Gums, teething objects
[]	Orients to bell	[]	Babbles

PARENTAL CONCERNS:

PHYSICAL EXAMINATION (Unclothed)			
Legend: ✓ = Normal x = Abnormal			
General Appearance	[] Well nourished and developed	Heart	[] No murmurs, regular rhythm
	[] No abuse/neglect evident	Lungs	[] Breath sounds normal bilaterally
Head	[] Symmetrical, A.F. open _____ cm	Abdomen	[] Soft, no masses, liver & spleen normal
Eyes	[] Conjunctivae, sclerae, pupils normal	Genitalia	[] Normal appearance
	[] Red reflexes present	Male	[] Testes in scrotum, circ./uncirc.
	[] Appears to see [] No strabismus	Female	[] No lesions, nl. external appearances
Ears	[] Canals clear, TMs normal	Hips	[] Good abduction, leg length equal
	[] Appears to hear	Femoral pulses	[] Present and equal
Nose	[] Passages patent	Extremities	[] No deformities, full ROM
Mouth & pharynx	[] Normal color, no lesions	Skin	[] Clear, no significant lesions
Neck	[] Supple, no masses palpated	Neurologic	[] Alert, moves extremities well
Teeth	[] Grossly normal		

ASSESSMENT:

PLAN:

ORDERS: [] Vaccine reactions, risks and follow-up explained / VIS sheets given.		
[] DTaP	[] Prevnar	[] Other
[] IPV	[] Fluoride varnish application	[] Immunization registry entry
[] Hib	[] Influenza vaccine (after 6 months)	[] Nutritional assessment
[] Hep B	[] WIC Referral	[] Rx for fluoride .25/.50 mg QD, refill till age 2
[] Rotavirus	[] PPD (if indicated)	[] Iron supplement (if indicated)

ANTICIPATORY GUIDANCE: Circle if discussed
Diet: Intro. Solids at 5 mos (rice cereal, vgs. & fruit), solids 1 new/week, start with iron-rich, no cow's milk, breast feeding, formula
Behavior: Begins to sit and crawl, discrimination of people.
Injury & Violence prevention: Smoke detector, poisoning risk, drug and toxic chemical storage, lead poisoning prevention, gun lock.
Childproofing: Safety gates, window guards, pool fence, hot liquids/surfaces, hot water temp., choking prevention, sleeping position
Guidance: Consistent sleep schedule, teething and tooth care, Education on Fluoride varnish treatment blocks, repetitive games, no bottle recumbent, parent smoking, no aspirin use, sun screen, infant vs. toddler car seat, infant care (bathing, skin,), childcare plan.

[] Refer to appropriate agency.
 Next appointment [] 2 months or _____ Signature _____ Date _____